

# PENSION TENSION TO PENSIONERS' POWER



Newfoundland and Labrador Public  
Sector Pensioners' Association

20<sup>TH</sup> ANNUAL GENERAL MEETING & CONVENTION  
SEPTEMBER 12 – 14, 2010  
HOLIDAY INN, 180 PORTUGAL COVE RD, ST. JOHN'S, NL

***A Convention about Political Action: Empowerment and Involvement***

## ***SUNDAY, SEPTEMBER 12, 2010***

5:00 – 7:00 Registration/Information Desk

7:00 – 9:30 Annual General Meeting

## ***MONDAY, SEPTEMBER 13, 2010***

7:30 - 4:00 Registration/Information Desk  
View Exhibits

8:45 - 9:30 Opening Ceremonies

**Ann Bell**, Chairperson, Convention  
Planning Committee, NLPSPA

**Greetings**  
**Mayor Dennis O'Keefe**, City of St. John's

**Welcome/Setting the Stage**  
**Robert Langdon**, President, NLPSPA

9:30 - 10:00 ***Canada's Retirement Security Crisis  
and the Labour Movement's Proposals  
to Fix It***  
**Larry Brown**, National Secretary-  
Treasurer, National Union of Public and  
General Employees

Facilitator: Robert Langdon, President

10:00 - 10:30 Nutrition Break  
View Exhibits

10:30 - 12:00 Panel on Pension Issues

***Public Sector and Provincial Update***  
**Robert Langdon**, President, NLPSPA

***National Pension Issues***  
**Larry Brown**, National Secretary-  
Treasurer, NUPGE

***Stacked and Integrated Pension Plans***  
**Jim Dobson**, President, RTANL

***Government Money Purchase Plan***  
**Ralph Morris**, President, NAPE Retirees'  
Local 7002

Facilitator: Anthony Patey, Treasurer,  
NLPSPA

12:00 - 1:30 Luncheon

***When Your Employer is Government***  
**Carol Ann Furlong**, President, NAPE

1:30 - 2:45 ***Demystifying Federal Pension Benefits***  
**Chafika Dominic**, Client Service Specialist,  
Service Canada

Facilitator: Sharron Callahan, Vice-President,  
NLPSPA

2:45 - 3:00 Nutrition Break  
View Exhibits

3:00 - 4:00 ***Taxation after Retirement***  
**Beth Porter**, Tax Partner,  
Noseworthy Chapman Chartered  
Accountants

Facilitator: Bernard Cook, Secretary,  
NLPSPA

4:00 - 4:30 **Highlights - Day One**  
**Robert Langdon**, President, NLPSPA  
**Jerry Vink**, Executive Director, NLPSPA

6:30 - 7:00 Reception/Cash Bar

7:00 - 9:30 Banquet

**Welcome**  
**Ann Bell**, Chairperson,  
Convention Planning Committee

**Entertainment**  
**Amy House**, Comedienne,  
Artistic Animateur for the Resource Centre for  
the Arts, LSPU Hall, St. John's

## TUESDAY, SEPTEMBER 14, 2010

- 8:00 - 4:00**    **Registration/Information Desk**  
**View Exhibits**
- 9:00 - 9:30**    ***Our Bodies, Our Minds and Our Spirits: Health for Pensioners in the 21<sup>st</sup> Century***  
**Sister Elizabeth Davis**, Congregational Leader, Sisters of Mercy Generalate  
  
Facilitator: Robert Langdon, President
- 9:30 - 10:00**    ***Question and Answer Session***  
**Sister Elizabeth Davis**, Congregational Leader, Sisters of Mercy Generalate  
  
Facilitator: Robert Langdon, President
- 10:00 - 10:30**    **Nutrition Break**  
**View Exhibits**
- 10:30 - 12:00**    ***Group Insurance Program for Retirees***  
  
**Toni Meyers**, Group Administrator, Insurance Division, Department of Finance  
  
**Ron Cashin**, Accounts Manager, Desjardins Financial Security  
  
Facilitator: John Downton, NLPSPA Representative on the Government Group Insurance Advisory Committee

- 12:00 - 1:30**    **Luncheon**  
  
**Launch of Communications Strategy**
- 1:30 - 3:00**    ***Living Longer, Living Better***  
  
**Dr. Patrick O'Shea**, President, Newfoundland and Labrador Medical Association  
  
**Carol Snelgrove**, Social Worker, Home and Community Care Program, Eastern Health  
  
Facilitator: Tom Mills, Chairperson, Health Committee, NLPSPA
- 3:00 - 3:15**    **Nutrition Break**  
**Exhibitors' Prize Draws**
- 3:15 - 4:00**    ***Implementation Plan: Empowerment and Involvement***  
  
Robert Langdon, President  
Jerry Vink, Executive Director  
  
**Closing Ceremonies**  
  
**Door Prize Draw**

Register early for the NLPSPA Convention by calling 709-754-5730, 1-800-563-4188, or email: [pensioners@npspa.ca](mailto:pensioners@npspa.ca)

For more information, visit our website at [www.nlpspa.ca](http://www.nlpspa.ca)